

break free from busy: simple to-do-list solutions



Feel like you've worked all day but got nothing done?

Aren't sure how to prioritize and feel like everything is urgent?

Break free from the never-ending to-do list!

Stop feeling frazzled & fragmented, and prioritize your time, energy, and attention. Create time blocks to batch, theme, and focus on your tasks.

Enter your day, week, or month with a clear plan.

Own your agenda instead of it owning you!

**“I can face Q4
with energy &
excitement”**

Today I took a 'should' off my plate that has been a mental burden for MONTHS. I feel like I can face Q4 with energy and excitement instead of dread.

- Melinda McKee
Founder, Memento and Muse

LEARN HOW TO:

- ✓ Name & claim your calendar **for focused work**
- ✓ **Reflect, Plan, and Prioritize with the Powered Path Method™**
- ✓ Incorporate video to **free up time**

PLAY VIDEO



PERFECT FOR PEOPLE WHO:

- Are **drowning in to-dos**
- **Juggle multiple projects** or roles
- Crave a **simple system** to prioritize

 **SCHEDULE YOUR
CONNECTION CALL**