

1 LINE INTRO

Meet Marcey Rader. Best-selling author, renowned speaker, productivity coach, and wellness expert.

2 LINE BIO

Productivity coach and wellness expert Marcey Rader helps clients create boundaries, find purpose, and achieve success. See her latest book at workwewellplaymore.com/books

SHORT BIO

Productivity coach and wellness expert Marcey Rader helps audiences create boundaries, find purpose, and achieve success. As a high-impact speaker, business mentor, and best-selling author, she helps individuals and businesses kick their lifestyles back into balanced gear – without sacrificing health. See her latest book at workwewellplaymore.com/books

MEDIUM BIO

Marcey Rader is renowned keynote speaker, sought-after productivity coach, accredited health and wellness expert, and <u>Amazon best-selling author.</u>

As the founder of <u>Marcey Rader Coaching</u> and the <u>Work Well. Play More!</u> Institute, she helps individuals and businesses kick their lifestyles back into balanced gear – without sacrificing health.

She packs presentations with actionable advice and real-world wisdom, decluttering the mind, body, and business, one habit at a time. Her speaking roster is alive with engagements for Fortune 100 companies, startups, and everyone in between. Audiences from North Dakota to Dubai, manufacturing to biotech, learn to escalate their energy, conquer the calendar, master tasks, and extinguish email.

Her latest book, <u>Work Well. Play More! Productive, clutter-free, healthy living - one step at a time</u> goes beyond the inspirational narrative to focus on simple, tangible tools and practical steps for gaining time and decluttering the body and mind.

To learn more about Marcey Rader, visit https://www.marceyrader.com/