THE REMOTE RESET:
FOCUSED AND PRESENT, WHEREVER YOU WORK

Trusted by: DELTA, syngenta, NC State University, U.S. Treasury Inspector General, Biogen, moderna



Prioritization Keynote Speaker
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Get credit for the work you do, in a remote workday that actually ends.

A message goes out at 7:40 a.m., so people know you're online. The mouse gets a nudge to keep the status green. At 8 p.m., the laptop is still open on the kitchen table, because nothing told you the day was over.

Available isn't visible. This session gets your work seen and lets the workday end.

For remote and hybrid team members, and the leaders who set their norms.

Takeaways

- ✔ **Proximity bias is measurable. Four prompts a week, brought to every one-to-one, make the work visible and leave the year-end review already written.**
- ✔ **The two distinct risks in remote work, isolation and an always-on workday, and why they need different fixes.**
- ✔ **Guardrails for both ends of the day: three things before the first screen and quiet hours your team can see.**
- ✔ **A do-not-disturb signal people actually respect, at work and at home, because every signal comes with a return time.**
- ✔ **One guardrail, chosen live, ready to test.**

"At a 3-day conference, this was one of two impactful sessions and left me with big takeaways to work with my global team."
— KayLynn Dalebout, Founder, Clockwork Accounting

Format: Keynote, breakout, or training.

Pairs well with: *Leading a Team You Can't See, a standalone session on proximity bias, delegation, and remote coaching.*