



Find Your Meeting Mojo:

Minimize Drain & Maximize Impact

Have fewer meetings. Make better decisions. Eliminate status swirl.

This session gives your teams clear guardrails so meetings have a purpose, a plan, and a payoff.

WHY IT MATTERS: Faster decisions. Lower cost of coordination. Higher focus and engagement.

“I wish every training were this tangible”

This is one of my favorite trainings ever. So appreciated all the concrete examples and suggestions. I wish every training were this tangible!

Mirin Greenberger
Software Development Manager, IDEXX

ATTENDEES LEARN TO:

- ✓ **Right-size the room** and assign clear roles
- ✓ **Kill time-wasting** updates, unclear invites, & open-ended brainstorm
- ✓ **Normalize recovery** with meeting-light weeks and walking 1:1s (*walkie-talkies*)

PERFECT FOR:

Project and program teams, people managers, cross-functional leaders, & teams with complex stakeholders.

PLAY VIDEO



Formats: Keynote, Breakout, Workshop. In-person, virtual, or hybrid.

Pairs well with: Reclaim Your Workday, Manage Well Remotely

Popular add-on: Powered Path Goal-Achievement Program & Ask Me Anything follow-up

CTA: Book this session to create a meeting environment that moves work forward.